

A case of eczema and its homoeopathic treatment

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INTRODUCTION

Herein, we report a case of a male patient of 60 years old who came with the chief complaint of Eczema. Visible skin eruptions in open part of the body are of great concern to the patient because of the cosmetic embarrassment they cause. The purpose of this case report is to emphasize on the condition and how this case can be treated by Homoeopathic approach.

- a) **Patient-** This is case study of one male patient. Patient is suffering from last 6 months.
- b) **Case Taking-** History of patients was taken for analyzing the case & for Individualization.
- c) **Homoeopathic Remedy-** Best selected homoeopathic remedy, here Mezereum has used.
- d) **Photograph-** Time to time photograph of the patient's suffering part has taken for analyzing the effect of the treatment.

RESULT

Time to time physical investigation has shown that the symptoms gradually improved and finally cured.

DISCUSSION

It is concluded that Eczema is a very common conditions encountered. By following the Homoeopathic approach and after individualize the patient and also analyzing the Homoeopathic approach a single remedy which is Mezereum has been selected and It has cured the case.

CONCLUSION

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According to Dr. Hahnemann's theory for chronic disease the past history, Family history & totality of the symptoms of the patient is very necessary. By following the rules of Holistic Homoeopathy Mezereum was the best selected remedy & Patient cured by this remedy.

INTRODUCTION

Eczema is an acute, subacute or chronic, non-contagious, inflammatory, catarrhal disease of the skin, characterized primarily by erythema, papules, vesicles and pustules, and secondarily by a variable amount of infiltration, thickening, scaling and crusting, accompanied by pronounced subjective sensation.

Eczema is a many sided disease, but for purpose of study four elementary varieties the erythematous, the popular, the vesicular, and the pustular are recognized. These lesions constitute the peculiar type which may remain distinctive or at least predominate throughout the course of the disease, though the secondary forms, such as eczema rubrum, eczema squamosum and eczema fissum, may develop. The technical division of a disease which constitute between twenty & thirty percent of all skin diseases, and is met with at all ages, in all countries, in all seasons, in both sexes and in all conditions of life, is necessary for the convenience of description, but it is well to again emphasize that even in the mixed types one lesion usually predominates.¹

CASE SUMMARY

A male patient 60 years of age. Who is suffering from Eczema for last 6 months in Left forearm. Patient has come to us first, previously didn't take any other medicine.

CASE HISTORY OF PATIENT

- Name of the patient- Mr. A
- Sex- Male
- Age- 60 years
- Occupation- Business

PRESENT COMPLAINTS

- Eczema in left Fore arm with intolerable itching, thick scabs are present under which excretion is also present & Always Restlessness for itching.
- Thick, leathery crust with pus beneath, bleeds if torn
- Aggravation- at night, touch, warmth of bed, cold washing
- Amelioration- Open air

PAST HISTORY

- Bronchial Asthma

PHYSICAL MAKEUP

- Tall
- Thin

FAMILY HISTORY

Relation	Paternal	Maternal
Father & Mother	Father- Bronchial Asthma	Mother-Skin Eruption
Grandfather	----	Fistula
Grandmother	Piles	Hypertension

MENTAL SPHERE-

- Indifferent to everything
- Angry
- Mentally Restlessness
- Hyperactivity

SLEEP- Normal

DREAM-

- Not Significant

APPETITE-

- Loss of appetite

DESIRE-

- Fatty food

AVERSION-

- NA

INTOLERANCE- NA

THIRST-

- Thirsty

SWEAT-

- Not Significant

THERMAL REACTION-

- Chilly

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TREATMENT SUMMARY

11Mar2017	No Medicine	Cured as shown in photograp h No. 5
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Date	Remedy	Symptoms
8-Jan-2017	Mezereum 0/1 8 marks (Once Daily)	First Visit (Eczema in Left forearm, with intense itching) Shown in photograph No. 1

17-Jan-2017	Mezereu m 0/2 8 Marks (Once Daily)	Eczema improved as shown in photograp h No. 2
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26-Jan- 2017	Mezereu m 0/3 8 Marks (Once in alternate day)	Eczema improved as shown in photograp h No. 3
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Mezereu m 0/4 8 Marks (Once in 2 days interval)	Eczema improved as shown in photograp h No. 4
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Photograph No. 2
Date of Photograph- 17th -Jan- 2017



Photograph No. 1
Date of Photograph- 8th -Jan- 2017

Eczema

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DISCUSSION

According to Organon of Medicine in Aphorism § 5 Dr. Hahnemann advise us that, "Useful to the physician in assisting him to cure are the particulars of the most probable exciting cause of the acute disease, as also the most significant points in the whole history of the chronic disease, to enable him to discover its fundamental cause, which is generally due to a chronic miasm. In these investigations, the ascertainable physical constitution of the patient (especially when the disease is chronic), his moral and



Photograph No. 3
Date of Photograph-
26th Jan- 2017



Photograph No. 3
Date of Photograph-
26th Jan- 2017



Photograph No. 4
Date of Photograph-12th -Feb- 2017



Photograph No. 5
Date of Photograph- 11th March- 2017

intellectual character, his occupation, mode of living and habits, his social and domestic relations, his age, sexual function, ..etc., are to be taken into consideration."²

Also in Aphorism § 7 of Organon of Medicine Dr. Hahnemann advise us

that, "Now, as in a disease, from which no manifest exciting or maintaining cause (*causa occasionalis*) has to be removed, we can perceive nothing but the morbid symptoms, it must (regard being had to the possibility of a miasm, and attention paid to the accessory circumstances, § 5) be the symptoms alone by which the disease demands and points to the remedy suited to relieve it - and, moreover, the totality of these its symptoms, of this outwardly reflected picture of the internal essence of the disease, that is, of the affection of the vital force, must be the principal, or the sole means, whereby the disease can make known what remedy it requires - the only thing that can determine the choice of the most appropriate remedy - and thus, in a word, the totality of the symptoms must be the principal, indeed the only thing the physician has to take note of in every case of disease and to remove by means of his art, in order that it shall be cured and transformed into health."³

On the basis of this instruction of Dr. Hahnemann we have give much more importance on the Totality of the symptoms of the patient. After taking all the symptoms in this case, *Mezereum* is selected based on characteristic symptoms of the patient which greatly indicate this remedy.

Also in Aphorism § 2 of Organon of Medicine Dr. Hahnemann advise us that "The highest ideal of cure is rapid, gentle and permanent restoration of the health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable, and most

harmless way, on easily comprehensible principles.”⁴

Hence we used the 50 millesimal potency to avoid the unnecessary aggravation & also to get fast rate of cure.

Homoeopathic cures stand on the art of case taking and the evaluation and analysis of symptoms.

CONCLUSION

Mezereum was selected after considering the physical generals, particular symptoms of the patient, and finally the patient cured by this remedy. The basic concept of Homoeopathy is to treat the patient not the disease. So case taking & individualization take a vital role to cure the case homoeopathically. This case again proves the importance of Characteristics symptoms for selection of similimum. The results of the case re-established the strength of homoeopathic principles and philosophy along with the concept of Individualization.

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