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Utility of homoeopathy in vitamins and mineral deficiencies and their disorders.

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In 21st century human being was adapted to materialistic way if life, with increased burden of work and also facing lot of stress emotionally and physically due to increase of competitiveness in the world. Due to this life style, man was not able to follow the laws of nature.

In this modern era everything was adulterated ,even plant and animal based food. Henceforth man was facing the trouble of deficit in vitamins and minerals. As the man was facing a trouble of deficit in vitamins and minerals, he will feel discomfort in the form of signs and symptoms. Even, children and newly born babies were also suffering.

In this cosmopolitan culture, man was addicted to toxic habits and highly seasoned food, stress,violating the laws of nature, so suffering with these deficiencies and their disorders, also suffering with life style disorders.As man was deviating from the laws of nature, their generations were also suffering with these deficiencies, as an inheritance. Deficiencies are due to lack of assimilation of these vitamins and minerals, due to above way of life style, in this present era.

In homoeopathy, we can correct the deficiencies by prescribing antimiasmatic remedy.

As stated by Hahnemann in 5 aphorism, constitution of a person means their social intellectual, moral living, whole should be considered, so that we can correct the deficiencies, by maintaining the proper assimilation.

Mainly all deficiencies were due to miasms, so these miasms will inherit through generations, and cause deficiency disorders for further generations.

Henceforth when treated antimiasmatically, in a holistic way, this lack of assimilation will be rectified, so that vitamins and minerals will properly circulate in blood in a balanced way.

While treating antimiasmatically, history, should be taken properly, as the same disease will not transfer, there will change in the form of disease metaschematism.

If his / her father was suffering with gonorrhoea, the same might not transfer, it will inherit in an another form, according to their, life style, circumstances, diet and regimen.

By treating in ths way,we can revert back the deficiencies to normalcy and can give healthy individuals to the nation.

So, homoeopathy plays a pivotal role in correcting these deficiencies.

As stated by Hahnemann cause should be considered, and also should treat individually holistically, should take history from generations, as miasms will inherit in another form.

Thus with Homeopathy we can save the nation from deficiency disorders.

So, there will be no malnourished and underdeveloped children in the nation.by treating homeopathic ally.

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